



WELCOME BIENVENUE **EKHAYA**

SOUTH AFRICA'S HOME AWAY FROM HOME

29th JULY 2024 TODAY'S ACTIVITIES

11h00

**Doors open for the public
Exhibition, event viewing, networking and
socialising**

South Africans Athletes Participating

10h20 – 21h48

Rowing – Mens – 10h20
Equestrian – Male/Female – 11h00
Cycling Mountain Bike – Men – 14h00
Rugby 7 – SA vs Great Britain (w) – 14h00
Hockey – SA vs Aus (w) – 17h30
Rugby 7 – Womens Placing and QF – 20h00
Aquatics Swimming – Women/Mens – 21h22

11h00

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19h00

Dance Classes – Ekhaya Garden



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